

RALEIGH PUBLIC SCHOOL

Nurturing Children in an Innovative and Creative Environment



Find us at 12 North Street, **Raleigh** 2454

Phone 02 6655 4228

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Website: <https://Raleigh-p.schools.nsw.gov.au>

School Principal: Mrs Katrina Meenahan

Newsletter, Term 3, Week 6

23 August, 2023

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| 24 August | Kids in the Kitchen |
| 25 August | Sporting Schools Basketball |
| 28 August | Sporting Schools Tennis |
| 30 August | 2024 Kinder Transition, 9.15am – 11.45am |
| 31 August | Father's Day Stall, gifts \$4 each |

Dear Parents and Caregivers,

Today our students and staff all enjoyed dressing up as a favourite book character for Book Week. It was wonderful to see people using their imagination and being resourceful to make their costumes. The students loved discovering who their friends and teachers had dressed up as. Some students brought in their book, for some it was very obvious and others were able to share who their character was. A fantastic effort everyone!





Bullying. No Way!

On Friday, our classes came together to build their skills and understanding about how we can all combat bullying by 'Making Connections'. This was the theme for this year's National Day of Action Against Bullying and Violence. Our students created a paper chain, on each chain link they created they wrote words or phrases to show how we make connections to combat bullying.



Sporting Schools

Our students are enjoying participating in both basketball, with Coach Casey and tennis with Coaches Eli and Ben. Unfortunately, this Friday will be our last basketball lesson with Casey. He has been enthusiastic, patient and very knowledgeable and the students have enjoyed learning and practising new skills.



Kids in the Kitchen

This Thursday is Kids in the Kitchen, we are all looking forward to another delicious lunch and recess cooked and prepared by our students.

Father's Day Stall

We will be holding a Father's Day stall on Thursday 31 August. Gifts will be \$4 each and more than one gift maybe purchased. You may like to send in your child's money early (or on the day), so they don't miss out.

Dental Forms

There are still a number of families who haven't returned their permission forms for the NSW Health Primary School Mobile Dental Program. If you would like to take advantage of this free service, please return your forms to school. Thank you.

Scholastic Book Club

Scholastic Book Club catalogues were handed out on Monday. Orders and money are due back on Wednesday 6 September, 2023 or through LOOP (online order).

History K-2

K-2 have been investigating the history of the school and looking for artifacts to research.



Science 3-6M

3-6M have been investigating heat and experimenting with different heat sources.



School Photos

As in the past few years we will be taking our school photos “in-house” during Week 8 (and 9 if needed). We will be taking individual, class and whole school photos.

Further information about cost and ordering will be sent home in the coming weeks.

Regards,

Katrina Meenahan

Package Free Lunch Award Winner



Congratulations to this week’s package free winner. This will be calculated from Tuesday to the following Monday each week. All students achieving this will go into a draw to become the Package Free Lunch winner. As well as receiving a certificate for their great effort, they will also choose a small prize. Please see Mrs Jones in the office to collect your prize.

Weekly Attendance Award Winner



Congratulations to our Weekly Attendance Award recipient who has achieved 100% attendance over the past five days. This will be calculated from Tuesday to the following Monday each week. All students achieving this will go into a draw to become the Weekly Attendance Award winner. As well as receiving a certificate for their great effort, they will also choose a small prize. Please see Mrs Jones in the office to collect your prize.

August Birthdays

We would like to wish *Lincoln* and *Ashley* a very happy August birthday.



2024
Kinder
Transition

RALEIGH
STARS



Looking for a nurturing, caring school environment with a big family feel?

Come and join our Kinder Transition Program!

Not sure of your school zone? Go to
<https://schoolfinder.education.nsw.gov.au/>

We would love you to join us for all or some of the following dates:

Term 3

Wed 23rd August
9.15-11.45am

Wed 30th August
9.15-11.45am

Wed 6th Sept.
9.15-11.45am

Wed 13th Sept.
9.15-11.45am

Wed 20th Sept.
9.15-11.45am

Extra dates in Term 4 TBC

Raleigh Public School
12 North Street
Raleigh 2454

Please contact us for further information
Ph: 66554228
Email: Raleigh-p.school@det.nsw.edu.au

— Your Health Link —
National Photographic Competition
HEALTHY LIFE HEALTHY YOU

FREE TO ENTER

Mid North Coast Local Health District

www.yourhealthlinkphotocomp.com.au

Primary and high school students are encouraged to grab their trusty camera or mobile phones/tablets to capture images that promote 'Healthy Life - Healthy You' for a chance to win a range of great prizes.

Schools are also the big winners with prizes that support healthy canteen programs.

Competition closes 8 October 2023

Competition Partners

Sunsmart Snippet

Choose a sun smart hat.

A broad-brimmed, bucket or legionnaire style hat is a simple, effective way to protect your face, head, neck and ears.



Wearing a sun smart hat everyday protects your face, head, neck and ears, and reduces the amount of UV radiation reaching your eyes by 50%.

Baseball caps and sun visors DO NOT protect the cheeks, ears and back of the neck and are not recommended.

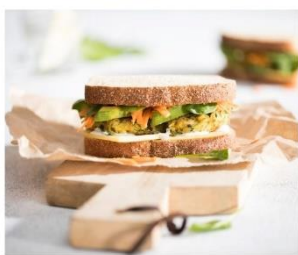
sunsmartnsw.com.au

 **Cancer Council**
Healthy Lunch Box

Nutrition Snippet

SANDWICH FILLING IDEAS

Are the kids getting sick of the same old sandwich fillings? Look no further!



Use leftovers from dinner to make a delicious sandwich or wrap filling such as:

- Salmon pattie and salad sandwich
- Falafel, hummus and tabouli wrap
- Bolognaise roll

Find these recipes and more at

healthylunchbox.com.au

 **Cancer Council**
Healthy Lunch Box

Nutrition Snippet

HOW TO PACK A HEALTHY LUNCH BOX



A good lunch gives children energy and nutrients to learn, play and grow.

But what does a healthy lunch box look like?

Find out in our short video at

healthylunchbox.com.au/blog/how-to-pack-a-healthy-lunch-box-video

healthylunchbox.com.au

 **Cancer Council**
Healthy Lunch Box