

RALEIGH PUBLIC SCHOOL

Nurturing Children in an Innovative and Creative Environment



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School Principal: Mrs Katrina Meenahan

Newsletter, Term 4, Week 6

15 November, 2023

15-24 November	Learning and Wellbeing Meetings Year 3
16 November	Sporting Schools Cricket
22 November	BHS Small Schools Transition Day for Year 6, 9.30am – 1.30pm
23 November	Sporting Schools Cricket
27 November	Responsible Pet Program, K-2
28 November	BHS Transition Day for Year 6, 9.30am – 2.30pm
29 November	Scholastic Book Club due
30 November	Kids in the Kitchen Christmas lunch

Dear Parents and Caregivers,

It is hard to believe we are past halfway in Term 4. We have had a wonderful start to our school swimming program, with our students being sorted into their groups and starting their lessons. It has been wonderful to see our students with huge smiles on their faces and enjoying their time in the water, learning and improving their skills in the water. Please remember that our lessons go ahead even in the rain. The only time lessons will be cancelled will be due to thunderstorms or severe and dangerous weather.

Thank you to those families who have made sure that their child's swimmers, towels and clothing have their names clearly on them. This has made it easy to find an owner when they are misplaced or left behind.

Please make sure that your child has suncream applied before arriving at the pool, so that it is not washed off in the water.

We look forward to seeing all of our students continue to improve their skills and confidence over the next 7 days.



Congratulations



Congratulations to Nicole, Matt and Wyatt on the birth of their beautiful baby boy, Remy!

New Demountable

It was very exciting yesterday to have our new demountable finally handed over to the school. This week we will begin moving some of the furniture into the room and starting to get it organised for K-2 in 2024.

Sunset Picnic

A reminder for all of our families to save the date for our Sunset Picnic on Tuesday 12th December. We ask our families to join us for an evening of entertainment by our students and a celebration of the wonderful year we have had.

We ask our families to arrive to begin the evening at 5pm. Please pack a picnic to share with your family for dinner, with utensils and plates. Chairs to sit on are a great option, but you can bring a picnic blanket if preferred (however the concrete on the COLA can be a little uncomfortable). We will have presentations of awards, performances by our classes, a break for dinner and then our official Year 6 Farewell presentation, with the cutting of the farewell cake for dessert. The evening usually concludes as the sun is setting. This is a beautiful way to end our year and all students play a part in the evening.

School Photos

Last week our school photos were sent home. Thank you to Mrs Corcoran for taking the photos. They really looked fantastic!

End of Year Fun Day

Each year we go to the Big Banana in the last week of school, as a celebration of the great work, attitudes and behaviour of our students. This year our Big Banana Rewards day will be on Wednesday 13th December. The cost for this day is quite expensive with entry to the Big Banana and the bus hire.

We are offering two options for our families:

1. Pay the full amount of \$27
2. Sell raffle tickets to cover part or the entire cost of the excursion. Every dollar you sell goes towards your excursion cost.

The prizes for the raffle will be:

1st Prize - Large electronic Arcade Game

2nd Prize- Skateboard

3rd Prize- Wahu Water Slide

If you would like tickets please complete the attached sheet with how many tickets you would like sent home. Tickets need to be returned by Wednesday 6 December.

Regards,
Katrina Meenahan

Package Free Lunch Award Winner



Congratulations to this week's package free winner. This will be calculated from Tuesday to the following Monday each week. All students achieving this will go into a draw to become the Package Free Lunch winner. As well as receiving a certificate for their great effort, they will also choose a small prize. Please see Mrs Jones in the office to collect your prize.

Weekly Attendance Award Winner



Congratulations to our Weekly Attendance Award recipient who has achieved 100% attendance over the past five days. This will be calculated from Tuesday to the following Monday each week. All students achieving this will go into a draw to become the Weekly Attendance Award winner. As well as receiving a certificate for their great effort, they will also choose a small prize. Please see Mrs Jones in the office to collect your prize.

Scholastic Book Club

The last Scholastic Book Club catalogues were handed out last week. This is the last Book Club order for 2023. Orders are due by Wednesday 29 November.

November Birthdays

We would like to wish *August* and *Winter* a very happy November Birthday.

End of Year Fun Day Raffle Books

☐ I would like ___ book/s of raffle tickets (20 tickets @ \$1 each) sent home. The amount sold will come directly off the Big Banana rewards Day.

Name: _____



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Nutrition Snippet

VEGETABLE CHOW MEIN

Serves: 6 Prep time: 10 mins Cooking time: 20 mins

Ingredients

450g shelf-fresh Hokkien noodles or fresh noodles of choice
50ml salt reduced soy sauce
1 tbsp oyster sauce
2 tsp honey
1 tbsp sunflower oil
1 brown onion, cut into wedges
2 tsp garlic
500g frozen stir-fry vegetable mix, without sauce
Sesame seeds (optional)



Method

Step 1: Place noodles in a large heatproof bowl and cover with boiling water for 5 minutes. Separate with a fork. Drain well and set aside.

Step 2: Combine the soy sauce, oyster sauce and honey in a bowl. Set aside.

Step 3: Heat the sunflower oil in a large frypan over medium-high heat. Add the onion and cook for 1 minute. Add the frozen vegetables and garlic. Stir fry for another 3-4 minutes until the vegetables are cooked through.

Step 4: Add the noodles and sauce mixture and toss to combine. Sprinkle with sesame seeds if desired.

For this recipe and more visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Nutrition Snippet

SENSATIONAL SUMMER SALADS



Try these recipes
using seasonal vegies:

- [Festive couscous salad](#)
- [Coleslaw](#)
- [Roast vegie and chickpea salad](#)

For these recipes and more visit:
healthylunchbox.com.au



Cancer Council
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Nutrition Snippet

FESTIVE FUN

Get the kids in the kitchen decorating their own healthy and tasty Christmas pizza.



Perfect for the lunch box, after school snack, party pleaser or dinner!

Our [Christmas tree pizza](#) recipe is a healthy and tasty lunch box item that the kids will love!

For this recipe and more visit:

healthylunchbox.com.au



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