

RALEIGH PUBLIC SCHOOL

Nurturing Children in an Innovative and Creative Environment



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School Principal: Mrs Katrina Meenahan

Newsletter, Term 1, Week 7

15 March 2023

15-27 March	NAPLAN for Yrs 3 and 5
16 March	Kids in the Kitchen
17 March	Sporting schools AFL
25 March	State Election fundraising stall
29 March	P&C AGM, 3pm

Dear Parents and Caregivers,

This week we have received our two new native bee hives that were purchased with our Environmental Grant from Bellingen Council. We will continue to host a hive and be a part of the 100 Hives in 100 Schools project. The arrival of the bee hives is particularly exciting as all of our students are exploring and learning about bees and the valuable role they play in our environment.



Election Cake and Produce Stall

I hope everyone has been collecting big batch cookie, slice, sweets or muffin recipes for our Election Stall on the 25th March. Thank you to those families who have returned the note with the time you are able to help at the stall and the produce or items you will be donating.

It is a requirement that items are pre-packaged and labelled with the ingredients. All items can be dropped off at school on Friday afternoon before 3.30pm or first thing in the morning. The easiest and quickest way to package items is to place them in ziplock bags or new takeaway containers and sticky tape a small ingredients label. Please do not send in whole cakes or items in Tupperware containers.

Depending on the size of the items, please package them as follows:

- 4 to 6 cookies
- 4 to 6 pieces of slice
- 1 muffin
- 2-4 cupcakes
- 6-8 chocolate balls

We will price the items at the stall. Thank you everyone for your support in helping raise money for our school and our activities.

Numeracy professional Learning

Yesterday, Danielle and myself attended a professional learning day with other schools from across our network. The focus of the day was on Guided Numeracy Support and Collaboration between the schools, in particular the area of Measurement and Geometry. This is an area, as a school, we have identified that we would like to strengthen our skills as teachers and therefore improve student learning and outcomes.

New K-2 Syllabus

As we have previously mentioned, this year we are implementing the new K-2 Literacy and Numeracy curriculum in the K-2 classroom. As a part of this Bernadette and Danielle will attend two full day workshops over the next semester and a number of after school meetings to build their skills and understanding of the new curriculum and ensure their consistent implementation.

Next year we will be implementing the Years 3 to 6 part of the new Literacy and Numeracy curriculums. This will also involve professional learning to familiarise ourselves with the curriculum and how to effectively implement this for our students. For our students this will be business as usual and they will continue their learning within the classroom.

P&C Annual General Meeting Wednesday 29 March

The Raleigh Parents and Citizens meet once a term. We will be holding our annual P & C AGM on Wednesday afternoon the 29th March at 3 pm in the staffroom.

Everyone is invited to attend and find out what wonderful things our school is doing. Due to your support, the P&C have been able to subsidise school excursions/incursions and provide for student injury insurance. Hope to see lots of new and regular faces on Wednesday 29th March.

Year 6 to 7 2024 Expression of Interest

The Expression of Interest for high school for our Year 6 students is now available on our website. This needs to be entered by the 31st March. A paper copy will also be sent home and you may fill this in if you prefer and return it to school by the 31st March.

Gumbaynggir Language Classes

Students continue to enjoy the Gumbaynggir language classes. I hope they are sharing this ancient language with you at home.



"Truth is not always popular, but it is always right."
UNKNOWN

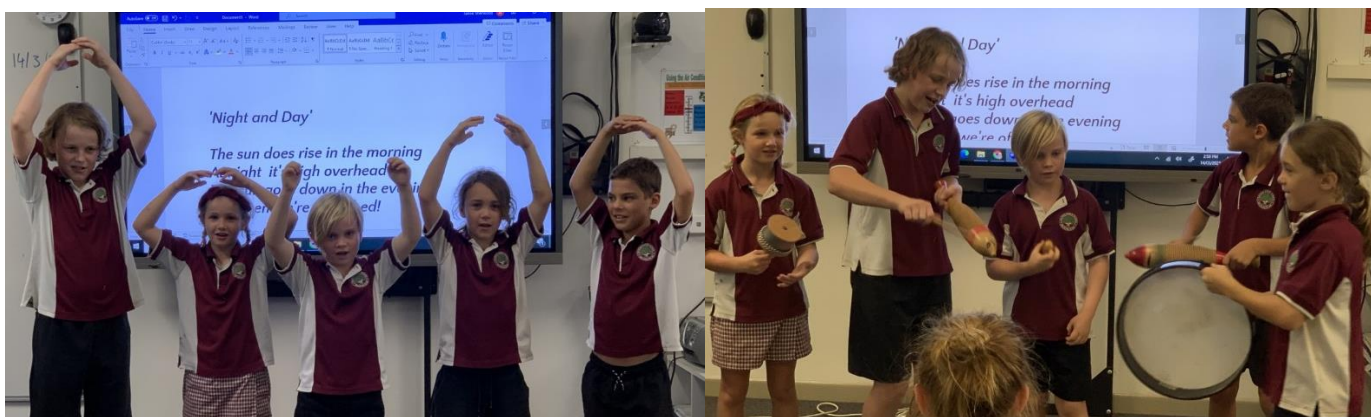
K-2 Music Lessons

K-2 music lessons have begun. It's wonderful to see the children's involvement. We are listening to 'Where the Creatures Roam', a piece of music about mythical African creatures, exploring tone, temp and following beat.



3-6 Music Lessons

3-6 students are being introduced to many different types of instruments, learning about rhythm whilst having fun.



Sporting Schools AFL

AFL will continue on Fridays until the end of March. Students are gaining great skills and having lots of fun.



K-2 History Presentation

Students from K-2D sharing an object that is special to them from personal or family history, as part of their history unit.



Package Free Lunch Winner



Congratulations to this week's package free winner. This will be calculated from Tuesday to the following Monday each week. All students achieving this will go into a draw to become the Package Free Lunch winner. As well as receiving a certificate for their great effort, they will also choose a small prize.

Weekly Attendance Award



Congratulations to our Weekly Attendance Award recipient who has achieved 100% attendance over the past five days. This will be calculated from Tuesday to the following Monday each week. All students achieving this will go into a draw to become the Weekly Attendance Award winner. As well as receiving a certificate for their great effort, they will also choose a small prize.

Kind Regards,
Katrina Meenahan



BELLINGEN

Sellers Entry \$15.00

Toys, Tools, Books, Clothes & More!

Supporting our local community

CAR BOOT MARKET

Next Market 26th March

4th Sunday of the month
8am - 2pm

Bellingen Show Ground
Vehicle entry through Hammond St.
No Booking - \$15 per car - Gates open 6.30am

An initiative of

HOPE
HOCKEY
COFFS HARBOUR

HOPE
HOCKEY
COFFS HARBOUR

Coffee, Sausage Sizzle, Cold Drinks, Face painting and much more. Come along, bring your goods, make some money and have some fun.
All enquiries M: 0450 355 629
E: Bellingenbootmarket@gmail.com

Made with PosterMyWall.com

U10's Hook in 2 Hockey
urungahockey@gmail.com

NEW PLAYERS RECEIVE:

- *Stick
- *Shirt,
- *Shin guards
- *Socks
- *Great deal on fees

WHEN: Mondays 4:45pm followed by free sausage sizzle & Saturday mornings (either or both)
WHERE: Hockey Complex Stadium Drive, Coffs

ACTIVEKIDS VOUCHERS WELCOME

For Further information:
Rhonda Smith 0457271071

URUNGA PHYSIE CLUB

EST. 1968

CLASS TIMES



EPphysie

EVERY MONDAY FROM 20TH FEBRUARY

AGE GROUP

5-8 years
9-12 years
13-16 years
Ladies

TIME

4:30-5:15pm
5:15-6:00pm
6:00-6:45pm
7:00-7:45pm



Urunga Senior Citizens Hall
(Behind the takeaway shop)



Urunga Physical Culture Club



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URUNGA BUSINESS & COMMUNITY MEETING
\$25 Member or \$30 p/p
THURS 9th MARCH 7am-830am
Catering by Raleigh Coffee & Eats

"Breakfast at Tree-o Gallery"

URUNGA BUSINESS & COMMUNITY
Your Local Chamber

SPECIAL EVENTS
** Bookings Essential **
MARCH 2023

tree-o GALLERY

"PAINT & SIP"
DAVID HOOPER
SAT MARCH 18th
3pm-6pm | \$95 p/p

"Learn to paint the crashing waves.."

#treeogallery #davidhooperoz

Nutrition Snippet

SAN CHOY BOW



Ingredients (serves 4)

1 tbsp canola oil
1 clove garlic, crushed
1cm ginger, crushed
½ carrot, finely grated
1 zucchini, finely grated
½ red capsicum, finely sliced
½ cup frozen corn kernels
400g pork mince
1 tin lentils, drained
2 tbsp oyster sauce*
½ lemon, juiced
2 spring onions, finely chopped
16 cos lettuce leaves

Method

Heat the oil in a large frypan or wok over medium-high heat until hot. Add the garlic and ginger and cook for 1 minute. Add the carrot, zucchini, capsicum and corn and stir fry for 1-2 minutes until soft. Remove from the pan.

Add the mince and cook until brown, breaking up the mince with a wooden spoon. Add the lentils and vegetables back to the pan and stir through.

Reduce heat to low, add the spring onions, oyster sauce and lemon juice and stir to combine.

Serve spooned into lettuce leaf cups.

For this recipe and more visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Nutrition Snippet

HEALTHY GRAB-AND-GO SNACKS

Making homemade snacks can be cheaper, healthier and better for the environment, but sometimes you just need a **grab-and-go snack** that is not packed with sugar, salt and saturated fat.



Read our blog to find out our top **8 grab-and-go snacks** to pack when time is low

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Bellinghen Show May Sat 13th & Sun 14th

Welcome back to school everyone.

Beginning of the year, time to let you know the show will be on and happening again.

Put this date in your diaries May 13 & 14.

Check out our website or Facebook site to see what's on and what you can participate in, items you can enter in the pavilion, grooming your fur baby for the Mongrel dog show or just planning your day around the entertainment provided.

Let's hope for great weather, creative minds, happy horses and playful smiles all round to enjoy the Bellinghen Show 2023.

Don't forget to get your tickets on line and save the hassle on the morning at the gate.

Any questions or enquiries you may have, please consult the Website or ring our Secretary's Office during the opening hours.

See You There.

