RALEIGH PUBLIC SCHOOL



Nurturing Children in an Innovative and Creative Environment

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School Principal: Mrs Katrina Meenahan

Newsletter, Term 3, Week 2 26 July 2022

29 July District Athletics

3rd August Scholastic Book Club due

5th August Jeans for Genes Day, gold coin donation or donate online (link on page 4)

17th August Cricket Gala Day, 3-6M

Dear Parents and Caregivers,

We have so much to share in this week's newsletter. It was a fantastic start back to the term and we have had a wonderful week of learning and fun. There have been many things happening and to happen in the coming weeks. At the end of last week a COVID update was sent home and there is a brief reminder at the end of the newsletter. Thank you again to everyone for your on going support!

School Tree Day

The official school tree day is on this Friday, however as nearly half of our school will be at the District Athletics Carnival, we will be holding our tree day on Thursday 28th. We look forward to adding to our native flowering garden.

Education Week Parent Afternoon

Save the Date - Tuesday afternoon 2nd August

We are asking parents to arrive at 1.30pm to have afternoon tea, which will be cooked by the students and to have a chat with the staff and other parents. At 2pm we will be inviting our parents to come and join a lesson in the classrooms. We encourage parents attending the classrooms to wear surgical masks, which we will have available. We look froward to having our parents join us for this special afternoon to share in some of the great things that we do at Raleigh.

District Athletics Carnival

This Friday, eleven of our students will be attending the District Athletics Carnival at Bellingen High School. We are looking forward to a fantastic day and wish all of our students the very best in their events.



NAIDOC celebrations

Each year at Raleigh we celebrate NAIDOC week in the first week after the holidays. The end of term is always so busy and we want our students and staff to get as much as possible from the activities we participate in together. This year's theme was Get Up! Stand Up! Show Up!

Within our classrooms and across the school we have participated in a wide variety of activities and learning. The conversations and discussions have been rich and show a deepening understanding of Aboriginal perspectives and culture. The following are just some of the activities we participated in.

Lemon Myrtle Damper

As a whole school, we came together and in groups we made lemon myrtle damper. Each child was then given a portion of damper and shaped their damper into symbols used in Aboriginal art.



Aboriginal Art

The whole school discussed and explored the symbols used in Aboriginal art and then created their own artwork. Later in the week the 3-6 class looked at artworks by indigenous artist Sarrita King and then created their own landscapes of a special place to them incorporating their knowledge of complementary colours from last terms art unit.



K-2 Literacy

Within the classroom the students have read a number of texts with Aboriginal perspectives. They then created they own piece of writing about 'My Country'. We thought we would share three of these with you.

In my country there are lots of birds and never ending peace. We are so lucky to have this land. I live on a farm of beauty and always take care of the animals on my country, even if they are ugly. I love seeing the nature and I love hearing the animals. What I like about my country is that it is perfect like us even if we are different. Some of us are boys. It doesn't matter about genders and our favourite colours. I love my country no matter what, even if it floods or the weather there. I love it because it feels like a world of freedom. I love my nanny and grandad the way they are. Now you know how much I like my country. Indi, Y2

In my place I live near Spicketts Creek. I love to hear the frogs and I can see the mountains. I love to feel the breeze. I like it because it feels like freedom. Winter YI

I live near a forest. A can see lots of trees. Max, K

3-6 Literacy

The 3-6 class also enjoyed reading a variety of texts. They particularly enjoyed reading some picture books and being able to infer what was happening in the stories from both the text and illustrations. They also wrote some poetry based on a theme from one of the books of 'Friendship Forgiveness and Reconciliation'. Here are a few poems to share.

This land is Where we stand Not mine or yours By Arianwen Yr 4

Forest people Aboriginal people Still people By Milo Yr 5

You may be different But that makes you special Everyone is different By Ivy Yr 4

The young boy Says sorry The friend accepts By Heath Yr 5



Buddy Reading

This term we have swapped buddies and we are enjoying getting to know our new buddies. It was lovely for each buddy to be able to share a Dreamtime story together last week.



Jeans for Genes Day

Our school loves fund-raising to help others and to try to support research or treatments for medical issues. On Friday August 5th we will be running our annual Jeans for Genes Day. We ask all of our students to wear their denim and donate a gold coin or more for this great cause. Our preferred way of doing this is via our fund-raising page using the link below or by bringing cash in to school. https://fundraise.jeansforgenes.org.au/fundraisers/raleighpublicschool2454

Race around Australia

We are so excited to be a part of this great initiative put out by the School Sports Unit. Each of our students will be tracking how far they run and also how much exercise they are doing, which will be converted to kilometres. This will then be tracked on a centralised website and we will be able to see our progress on a map.

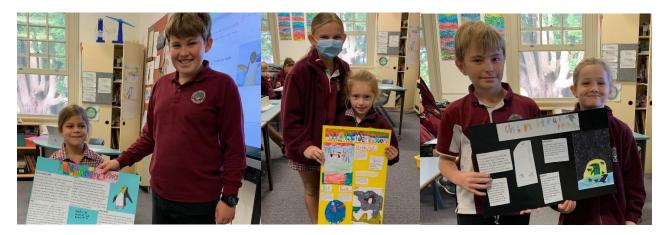
Everyone in the state starts in Sydney and we are trying to make it as far as Raleigh and then we will then set a new goal. This is a school-based program and we hope it will increase students enthusiasm to exercise, improve fitness and we will have a lot of fun along the way.

We started last Wednesday and so far we have made it to 135 km. Keep up the fantastic effort everyone!

Mawson Penguin Project

Last term, one of the whole school activities we worked on was our Penguin Project. Prior to the pandemic we signed up for this great program which aims to raise money to protect Antactica's penguins. We participated in a wide variety of penguin based activities with our buddy. This included researching penguins, looking at their heights and sizes and comparing them to our own heights, creating a diorama of a penguin habitat. Each buddy was allocated a different penguin to research. They then created a poster about their penguin and then together presented the information to the whole school. The knowledge learnt and the finished products were amazing.

The other wonderful activity we participated in during the term was designing and painting our own penguin cut out. Like many school children from around Australia, our penguins will now be sent to Tasmania to be a part of the Antarctic Festival at the end of August. Our imaginative and artistic penguins will form a 'waddle' of penguins at the popular penguin rookery display in Macquarie Wharf 2 (TasPort's Cruise Terminal). The last time the penguins were displayed was in 2018, when the display managed to corral over 8000 penguins. What can they achieve this year?



Kids in the Kitchen

We will have 5 KiK this term in Weeks 2, 4, 6, 8 and 10. That will be Tuesday 26 July (today), 9 August, 23 August, 6 September and 20th September. You may like to mark the dates on your calendars or put the dates on the fridge. Today's recipes are included in this newsletter.

Bee Grant Success

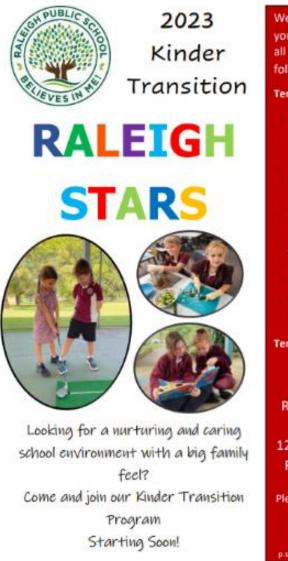
Last term, Ms Driscoll and I applied for an Environmental grant from Bellingen Council. We were successful and look forward to being able to purchase our own native bees, rather than hosting them. In addition to this we will also be rejuvenating our native flowering garden, that has been hit hard by the wet weather. These flowers are a significant food source for our bees as they only travel up to 1km to forage.

Mega Raffle

Remember if you are going to Canberra every dollar you sell comes directly off your individual cost for Canberra. So why not aim big and attempt to cover the entire cost with a little bit of effort. Also don't forget if you want to make a payment towards the excursion now is the time to do it by purchasing the tickets and going into the draw to win some great prizes.

K-2 and Year 4 students not going to Canberra will have their first \$40 worth of tickets sold used for their local excursion. Some families have raised money last year and this will be taken into account. All additional money will go into the major excursion fund. Remember in the future you will be going on a major excursion and will want the younger students to help raise money to make your excursion more affordable.

Raleigh STARS



We would love you to join us for all or some of the following dates: Wed 24th Aug. 9.15-11.45am Wed 31st Aug. 9.15-11.45am Wed 7th Sept. 9.15-11.45am Wed 14th Sept. 9.15-11.45am Wed 21st Sept. 9.15-11.45am Term 4 Dates to be confirmed Raleigh Public School 12 North Street Raleigh 2454 Please contact us to discuss further Ph: 66554228 Email: Raleigh

We have rebranded our Kindergarten Transition program and it will now be called Raleigh STARS, (Student Transition at Raleigh School). We believe all of our students are stars and we are excited to welcome our new Kindergarten 2023 stars to come and have a taste of what school will be like next year.

This is a wonderful opportunity to get to know the routines of the classroom at school, make new friends and have fun. Feedback from past Kindergarten families has been that this is has been a great way to make their child feel excited and confident about starting school.

So if you know of someone who may be interested in joining our beautiful school community please pass on our contact details and ask them to give us a call for further information.

COVID update

As we continue to prioritise student and staff wellbeing while at school, our layered COVID-smart measures will continue for Term 3. These 'baseline measures' are aligned to the NSW Government's general community settings and include:

- staying home and getting tested if unwell, and only attending school when symptom free
- strongly encouraging mask-wearing for all staff and students, particularly in the first 4 weeks of term
- rapid antigen testing for symptomatic students and staff, and close contacts attending school to learn and work
- strongly encouraging COVID-19 vaccinations for students, staff and their families, including a booster shot (when eligible)
- strongly encouraging students, staff and their families to get a flu vaccination
- good hygiene practices
- maximising natural ventilation
- boosted cleaning during the day, with particular attention given to high touch surface areas
- responding to local COVID-19 conditions when necessary, by working with the department's Health, Safety and Staff Wellbeing team.

Continuing these baseline COVID-smart measures allows us to prioritise student and staff wellbeing while giving our learners a consistent and productive learning environment this term. We encourage students who are unable to attend school and who are well enough, to continue their learning from home.

Regards, Katrina Meenahan

Weekly Attendance Award



Congratulations to our Weekly Attendance Award recipient who has achieved 100% attendance over the past five days. This will be calculated from Tuesday to the following Monday each week. All students achieving this will go into a draw to become the Weekly Attendance Award winner. As well as receiving a certificate for their great effort, they will also choose a small prize.

Congratulations to this week's Attendance Award winner.

Scholastic Book Club

Brochures were handed out today for Scholastic Book Club. Orders and money need to be returned by Wednesday 3rd August or order online through LOOP. Details on the brochure.

Update School Information

If your situation has changed and you now have a new address, have changed your phone number or email address, please let the school know so that we can update our records. Also if you receive a new medicare card, could you please inform the school of the new numbers and expiry date.

Thanks in advance.

Kids in the Kitchen Recipes

Jacket Potatoes with Mexican beans

Ingredients

400g turkey mince
1 tbs olive oil
1 small brown onion, finely chopped
1 red capsicum, finely chopped
½ x 50g pkt Mexican Seasoning
400g can red kidney beans/black beans
¼ cup Italian tomato passata
½ cup water
1 field tomato, finely chopped
2/3 cup cheddar cheese, shredded
4 baked potatoes, to serve
Coriander sprigs, to serve
Chilli sauce, to serve



Method

Heat olive oil in a large frying pan over medium heat. Cook brown onion and red capsicum, stirring, for 5 minutes or until softened. Add Mexican seasoning. Cook, stirring, for 30 seconds. Add red kidney beans, Italian tomato passata and water. Cook, stirring, for 1-2 minutes or until hot.

Preheat grill on high. Spoon the beans mixture over the baked potatoes. Top with field tomato and shredded cheddar. Cook under the grill for 2-3 minutes or until golden. Season with pepper. Top with coriander sprigs. Serve with chilli sauce, if desired.

Orange Muffins

Ingredients

Melted butter, to grease 185 ml (3/4 cup) milk 375g (2 ½ cups self-raising flour 155g (3/4 cup) caster sugar 125g butter, melted 2 eggs, lightly whisked 2 tsp finely shredded orange rind 60 ml (1/4 cup) fresh orange juice Icing sugar, to dust



Method

Preheat oven to 190°C. Brush twelve 80ml capacity non-stick muffin pans with melted butter to lightly grease.

Combine the flour and sugar in a large bowl. Add the milk, butter, egg, orange rind and juice. Stir with a metal spoon until just combined (do not overmix).

Spoon the batter into the prepared muffin tin. Bake in preheated oven for 25 minutes or until a skewer inserted into the centres comes out clean. Remove from oven and turn onto a wire rack. Serve warm or at room temperature, dusted with icing sugar.

"Nature, time and patience are the three great physicians."

BULGARIAN PROVERB