# RALEIGH PUBLIC SCHOOL



## **Nurturing Children in an Innovative and Creative Environment**

Find us at 12 North Street, Raleigh 2454

Email: Raleigh-p.school@det.nsw.edu.au

School Principal: Mrs Katrina Meenahan

Phone 02 6655 4228

Website: https://Raleigh-p.schools.nsw.gov.au

### Newsletter, Term 4, Week 9

30th November, 2021

1 December START for Kinder 2022

7 December School Photos. Unfortunately have been cancelled.

8 December Kids in the Kitchen

8 December Last day Student Banking, Student Banking will not be continuing in 2022

14 December Official Year 6 Graduation Ceremony

15 December End of Year Fun Day and Year 6 Farewell, held at school

16 December Last day for students Term 4. **Students Yrs 1-6 return on 1 February** 

17 December Staff Development Day

### Dear Parents and Caregivers,



I regret to have to tell our families and friends that our General Assistant Jimmy will finish up at Raleigh on the 2<sup>nd</sup> of December. Jimmy has been a much loved and valued member of our school over the past 18 months. He has done an amazing job keeping our school looking fantastic, as well as revamping our Veggie Garden and building our new chicken house. He will be missed by both the students and staff and we wish him all the best with his new maintenance business that he has purchased.

### KiK

Last week, we had another successful KiK cook with two types or frittatas and a garden salad and a chocolate slice as a treat for recess. Well done everyone on the excellent skills you are developing. On the 8<sup>th</sup> of December we will be having our annual Raleigh School Christmas lunch. This week the 3-6 class have been putting together the menu.



### **School Photos Cancelled**

Unfortunately, due to a clash of scheduling, we will not be holding official school photos in 2021. Those families who have paid online will receive a full refund from the school Photographer and money held at school will be sent home today.

I have taken individual photos earlier in the term and will take some group shots, which I will have printed in Coffs Harbour. If you would like to purchase some of these photos they will be at the following costs. Please fill out the order form attached and send in to school by Friday 3<sup>rd</sup> December with the appropriate money.

Individual Portraits - 5x7 inch \$1 and/or 8x10 inch \$3

Class Photos - 8x10 inch \$3

Whole School - 8x10 inch \$3 or 8x12 inch \$4

#### **CURRENT LEVEL 3 GUIDELINES**

As announced by the Minister, from 8 November all NSW schools will move to updated Level 3 settings that bring school operations more in line with what is allowed in the community. I would like to update you on the key changes that will be in place at our school for the rest of Term 4.

To keep us all safe on school grounds, a combination of layered COVID-safe plans and measures will allow us to prioritise student and staff safety and keep our school open. To do this, the following guidelines will be in place:

- Students, staff and visitors must not attend school if unwell, even with mild symptoms.
- All staff and adult visitors on the school site must be fully vaccinated and provide proof
  of vaccination.
- Masks are required indoors for all staff, adult visitors and strongly recommended indoors for primary students. Masks can be removed when eating or exercising.
- All staff and visitors must check in when attending a school site. Adults should maintain 1.5 metres physical distancing wherever practicable.
- Activities and events should be held outdoors where practical.
- Indoor spaces will be well ventilated and as large as possible for the number of attendees following square metre guidelines.
- Students and staff will maintain good hand hygiene and schools will continue with enhanced cleaning, including high touch points.
- Assemblies and presentations are allowed outdoors, with cohorts separated and
  physical distancing in place. Fully vaccinated visitors (including parents and carers) are
  only allowed to attend if completing a specific role (such as presenting) and at the
  invitation of the school.
- Graduations and formals are allowed within cohorts, either on school sites or at external venues with COVID-safe plans in place and physical distancing adhered to.
- Parents and carers must check in using the school check-in and show proof of vaccination on entry to the school site. Anyone over the age of 16 must be fully vaccinated to attend schools. To help us to follow these guidelines, if you need to meet with someone, drop off or pick up students outside of the usual times, please phone our office or text Katrina in advance, to organise the appropriate assistance.
- When students or staff are experiencing any symptoms of COVID-19 and are unwell, they need to stay at home. For anyone displaying COVID 19 symptoms, a COVID test is necessary. They can only return to school when we have received proof of a negative test result and they are symptom free. If a positive COVID test is returned, please notify the school immediately.

In order to minimise disruptions caused to schools by COVID-19 cases, and to maximise the time our students have learning in the classrooms a number of changes to operations for schools will be introduced from Monday 29 November for the remainder of Term 4.

## Rapid antigen 'test-to-stay' program

• A rapid antigen home testing (RAHT) 'test-to-stay' program will be available to any student who is a close contact of a COVID-19 case in a school setting. This will enable them to get back to school immediately following a negative PCR test and on the basis they do daily RAHTs before attending school across 7 consecutive days. This means that our students' learning is able to continue with minimal interruptions following a positive COVID-19 case. Full support will be available to help you implement this should it be required at our school and many other schools and students are already using RAHTs successfully.

# Singing, chanting and instruments that rely on breath allowed outdoors

• In line with community settings, instruments that rely on breath and singing and chanting will now be permitted if held outdoors, within cohorts, with distancing in place and where there is no sharing of instruments. Under these same conditions music classes, bands, ensembles, group repetition and choirs within cohorts can also resume. School performances, productions and concerts are not permitted.

### An update to our cleaning protocols

• NSW public schools are cleaned by professional cleaners each day, guided by expert advice from the Australian Health Protection Principal Committee (AHPPC), the National Health and Medical Research Council and NSW Health. As we have already seen in many schools, cohorting and our other COVID-safe layers of protection have been effective at minimising disruption. NSW Heath has provided clear advice, based on evidence that the department's regular clean, day clean and enhanced clean provides a more than sufficient layer of protection in schools for students and staff. NSW Health have advised there is no health and safety benefit to undertaking an environmental clean which is highly disruptive to a school's ongoing operations and can close a school for up to 2 days. This is another important change that will get students back into classrooms faster in parallel with the 'test-to-stay' program. You can read more on the department's website about the different levels of cleaning in place in our schools.

Please continue to refer to the department's <u>Advice for families page</u> for the latest information on settings in our schools.

Thank you again for your continued support during this school term.

# **End of Year Assembly**



It is with sadness that I confirm we will not be holding our traditional Sunset Picnic or an End of Term assembly, with parents in attendance. We will be holding a small presentation with the students and staff.

As we are unable to do our regular end of year events, such as the Big Banana we will again be having a fun day to end the year and farewell Year 6 on Wednesday 15<sup>th</sup> December.

Further information about this day will be sent home soon.

### **Kinder Transition**

Tomorrow will be our final Kindergarten START transition day before the students begin Kindergarten next year. We are all looking forward to seeing them for this final session.



#### Year 6 Farewell

On the final Tuesday of term (14<sup>th</sup> December) we will be holding our official Year 6 Graduation ceremony. Unfortunately due to the COVID restrictions only the Year 6 parents will be able to attend. An official invitation will be sent home in the coming weeks for our Year 6 students.

# **Year 7 Transition Day**

Our Year 6 students had another successful day at Bellingen High School on Friday for their second Year 7 transition day. This day involved all students attending in 2022.

### **Inappropriate Content**

Over the past week we have had to have discussions with students across the school about discussing inappropriate content at school. They are talking about online games and weaponry that are rated for high school students and are making comments about explicit YouTube clips or higher than M rated movies and shows. We have reminded students that these types of discussions, comments and themes for playing are not appropriate for school. What parents allow at home is up to the individual, however we hope that you could reinforce that discussions etc of these types of content are not appropriate for school or the school bus.

Regards, Katrina Meenahan

# **Weekly Attendance Award**



Congratulations to our Weekly Attendance Award recipient who has achieved 100% attendance over the past five days. This will be calculated from Tuesday to the following Monday each week. All students achieving this will go into a draw to become the Weekly Attendance Award winner. As well as receiving a certificate for their great effort, they will also choose a small prize.

Congratulations to this week's Attendance Award winner.

# Crustless mini ham and vegie quiches

### **Ingredients**

50g butter, at room temperature 1 small head broccoli, cut into small florets 250g pkt frozen chopped spinach 80g (1/2 cup) frozen peas and corn, thawed 100g shaved ham, finely chopped 35g (1/3 cup) finely grated parmesan 12 eggs 125 mils (1/2 cup) milk



### Method

Preheat the oven to  $180^{\circ}$ C/ $160^{\circ}$ C fan forced. Grease eighteen 80mls (1/3 cup) non-stick muffin pans with butter.

Bring a small saucepan of water to the boil over high heat. Add the broccoli and cook for 1 minute or until tender. Drain. Refresh under cold water. Drain.

Meanwhile, use your hands to squeeze the excess from the spinach. Place spinach in a bowl. Add peas and corn, ham and half the parmesan. Toss to combine.

Divide broccoli and spinach mixture among prepared muffin pans. Whisk together eggs and milk in a large jug until well combined. Season with salt and pepper. Pour egg mixture evenly among the pans. Sprinkle with remaining parmesan. Bake for 20-25 minutes or until quiches are golden and just set. Serve.

# Macaroni and vegetable frittatas Ingredients

120g (3/4 cup) macaroni pasta
Olive oil, to grease
2 x 125g cans of corn kernels, rinsed, drained
1 small red capsicum, halved, deseeded, finely chopped
1 medium carrot, peeled, coarsely grated
80g (1 cup) coarsely grated cheddar
7 eggs, lightly whisked
125mls (1/2 cup) milk



### Method

Cook the pasta in a large saucepan of salted boiling water following the packet directions. Drain. Refresh under cold running water. Drain well.

Preheat oven to 180°C. Brush six 185mls (3/4 cup) capacity non-stick muffin pans with oil to lightly grease. Combine the macaroni, corn, capsicum, carrot and cheddar in a large bowl. Spoon evenly among prepared pans.

Whisk together the egg and milk in a jug and pour over the macaroni mixture. Bake in a preheated oven for 20-23 minutes or until just set. Remove from the oven. Set aside in the pan for 5 minutes before carefully turning onto a wire rack to cool.

### **Choc-coconut Slice**

### **Ingredients**

250g pkt plain sweet biscuits 35g (1/3 cup) cocoa powder 65g (3/4 cup) desiccated coconut 395g can sweetened condensed milk Melted butter to grease Pure icing sugar, to dust (optional)



#### Method

Brush a 26 x 16cm slab pan with melted butter and line with non-stick baking paper. Place biscuits in a large sealable plastic bag and coarsely crush with a rolling pin.

Combine the biscuit, cocoa powder and ½ cup of the coconut in a large bowl. Make a well in the centre. Add the condensed milk and mix until well combined.

Spread the mixture over the base of the lined pan. Sprinkle with the remaining coconut. Place in the fridge for 2 hours until firm. Cut into slices and dust with icing sugar, if desired.



Enjoy!



