RALEIGH PUBLIC SCHOOL

Nurturing Children in an Innovative and Creative Environment

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Term 3, Week 5

| 22 Aug | White Cross Dental Care |
|--------|------------------------------------|
| 23 Aug | Kids in the Kitchen |
| 23 Aug | Sporting Schools, Cricket |
| 27 Aug | S.T.A.R.T program commences |
| 27 Aug | T20 Cricket Gala Day |
| 28 Aug | Sporting Schools, Tennis |
| 29 Aug | PJ Day, Asthma, gold coin donation |
| 30 Aug | Sporting Schools, Cricket |
| 30 Aug | Fathers' Day Stall, gifts \$4 each |
| 3 Sep | Sporting Schools, Tennis |
| 6 Sep | Sporting Schools, Cricket |
| 14 Sep | North Coast Athletics |

Dear Parents and Community Members,

Thank you to all of the parents who have enquired about my health and wellbeing over the past week. Next week, as a result of my recent illness, I have to have an operation on Tuesday 28th and afterwards will need to take at least two weeks off to recover. During this time, Ms Bernadette Driscoll will be the relieving Principal in my absence, Miss Danielle Eichmann will continue to work her normal days and will work on Wednesdays and Thursdays on the 3-6 class. Miss Leesa George will take my Literacy and Numeracy groups and will take Ms Driscoll's class on Friday, to allow her to do additional administrative tasks in the office. I know that our regular programs will continue to run smoothly in my absence. If you have any issues or concerns during my absence, please contact the office to speak to Bernadette. Absences from school can still be texted through to my mobile and I will pass these on.

As you aware, we are doing External Validation this year and our evidence and submission is due at the end of this term. Due to my absence, Bernadette and I will be taking a few days off this week to work on and complete our submission. For consistency, Miss George will take the K-2 class.

Regards Katrina

Week of Tastes

Wow! What an amazing start we had to our week with Chef Danny and his partner Pina, visiting our school. Chef Danny has travelled down from The Byron Bay area, to share his love and passion for food with our school as a part of our Week of Tastes activities. Last Thursday, prior to his visit, our whole school participated in a blind food tasting experience. We tasted foods, while wearing a blindfold and described the tastes, textures and flavours of a variety of food. We explored the 5 tastes of sweet, sour, bitter, salty and umami.

Yesterday, Chef Danny came and shared a delicious and healthy dish with us all. With the help of his assistant 'Chef India', they prepared a yummy chocolate avocado mousse, using fresh ingredients. In groups we all copied the recipe and made our own. Then Chef Danny taught us to use a piping bag and we piped some into a cup and topped the mousse with fresh blueberries and desiccated coconut. It tasted amazing! See the recipe later in the newsletter. This was an amazing experience and we thank Danny and Pina for visiting and hope they will come back in the future.



"Raleigh Public School is a welcoming and friendly school with strong and valued community links."



21st August, 2018

WEEKLY NEWSLETTER 21st August, 2018, Page 2

Week of Tastes



Kinder Transition START Program

Next Monday, 27th August, our first START session will run from 9.45 – 11.45am. If you know of anyone who is interested in attending our Kindergarten Transition program, please ask them to phone the school to register their interest. It is important to note, that if children have other commitments, they do not need to attend every week, but we need to know numbers to organise our resources for each week's activities.



PJ Day and Father's Day Stall

Due to Mrs Meenahan's absence next week, we have decided to move our PJ Day from Wednesday to Thursday next week. So make sure you put the date change on your calendar and bring in your gold coin to raise money for the Asthma Foundation. On Thursday we will also be running our Father's Day stall, so continue to send in your \$4 per present, so you do not forget on Thursday.

Congratulations to our Relay Team

Well done to the four boys in our relay team. They placed 3rd in the Nigel Bagley Relay on Friday at the Mid North Coast Athletics Carnival. They have qualified to compete in Lismore, at the North Coast Carnival on Friday the 14th September. We are very proud of their result on Friday and wish them all the best at the next level!



Crícket T20 Gala Day

On Monday, the 3-6 class will be attending the annual T20 Cricket Gala Day in Bellingen. Thank you to those children who have returned their permission note. Miss Eichmann will not be coming to the Gala Day with us, so I am hoping I can find an additional parent to help transport the students to and from Connell Park on the day. If your child is going to be dropped off, picked up, or will be leaving from Connell Park rather than school, please ensure you notify Katrina about this.

Dental Clínic

Tomorrow morning some of our students will be having their teeth checked by the White Cross Clinic Dental Service that will be visiting our school. This is an excellent opportunity for our students to receive a free dental check, but can only be carried out for those students who have returned the official note to school.

WEEKLY NEWSLETTER

21st August, 2018, Page 3

KíK Thís Thursday

Well done to all of our students who have paid for this week's KiK meal. The 3-6 class are looking forward to cooking delicious beef and vegetarian lasagnes and the K-2 class will make something amazing for recess. We can't wait to taste our meals on Thursday!

Creative and Critical Thinking

Last week's activities revolved around Patience and Persistence by weaving our recycled structure and pipe cleaner creations.



Surf Safety Talk

On Friday we were very pleased to have Alex from Coffs Harbour Life Guard Services speak to our students about beach safety and the importance of swimming between the flags. This great service is provided free of charge.



Chocolate Avocado Mousse

2T heaped, date paste (made with pitted dates and honey mixed in a food processor to a smooth paste) 2T heaped, avocado (processed in food processor until smooth)

2T cacao or cocoa powder.

Mix together until well mixed and smooth. Serve with fresh fruit and coconut.



"Everything I am or ever hope to be, I owe to my angel mother."

ABRAHAM LINCOLN

WEEKLY NEWSLETTER

21st August, 2018, Page 4

Student Banking Awards

Student Banking is on Wednesdays. Congratulations to Emma and Caiden who have made 20 deposits this year and have received their Silver Award and redeemed their tokens for a reward item. This also puts them into the draw for a chance to win a family trip to Hawaii. Best of luck!



Package Free Lunch Winner

Congratulations to *Eli* who is this week's package free winner.



Sporting Schools Tennis with Eli





Sporting Schools Cricket with Jay

