

# RALEIGH PUBLIC SCHOOL



**Nurturing Children in an Innovative and Creative Environment**

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**Term 4, Week 6**

**20<sup>th</sup> November, 2018**

21 Nov	Raleigh Urunga Masonic Village visit
22 Nov	Kids in the Kitchen
22 Nov	Sporting Schools, Bowls
23 Nov	Small Schools Orientation BHS
25 Nov	Bunnings Barbecue, Sunday
26 Nov	START 9.45 to 1.45pm, Final session
27 Nov	Surf Safety Day, Sawtell Beach
29 Nov	Kids in the Kitchen
29 Nov	Sporting Schools, Bowls
30 Nov	BHS Orientation Day for Y6, 2019
3-14 Dec	Special Swimming Scheme
4 Dec	Sporting Schools, Golf
6 Dec	Sporting Schools, Bowls

## *Nursing Home Visit*

Unfortunately, tomorrow's Nursing Home visit has had to be postponed to the following week, Wednesday 28<sup>th</sup> November. A new permission note has been handed out and will need to be returned by Monday 26<sup>th</sup> November.

## *Kids in the Kitchen Christmas Lunch*

This Thursday we will be holding our annual Kids in the Kitchen Christmas lunch. The students in 3-6 have chosen some delicious salads, to go with our fresh ham and roast chicken and K-2 are planning a scrumptious dessert. We hope that we have 100% participation at this special annual event. We do still have a final KiK lunch next Thursday to end our KiK meals for the year.



Dear Parents and Community Members,

## *Leadership Day*

Last Tuesday, I had the pleasure of accompanying our three Year 5 students to the Bellinger-Dorrigo Community of School's Year 5 Leadership Day in Dorrigo. The students developed skills to interact with others, build relationships and work as a team. These are all skills our students will need next year when they become our 2019 Student Leaders. I was extremely impressed with our student's excellent behaviour, willingness to be involved and their ability to work with students from other schools who they did not know. It was a great day and a window into the future, being able to see what wonderful future leaders they will become.

Regards, Katrina



## *Santa Arrival Parade*

We are extremely lucky to have been asked to be a part of Park Beach Plazas Santa arrival on Thursday evening. Thank you to everyone who has returned their notes or replied to my (Katrina's) text. The staff will meet our students, who will be dressed in their full school uniform outside Park Beach Plaza's IGA at 5.40pm. The official parade will begin at 6pm. We will have Santa hats/ reindeer antlers for the students to wear.

*"Raleigh Public School is a welcoming and friendly school with strong and valued community links."*

## Bellingen High School Transition

This Friday, Bellingen High School will be holding their Small Schools' Transition Day. Students need to arrive at the high school by 9am to begin the day. They will finish classes in the afternoon at 3.09pm. Transport for this event is privately organised by parents. The following Friday 30<sup>th</sup> November, they will go back to the high school for their second Transition Day.

## Bunnings BBQ

Thank you to all of the parents and staff who have volunteered a couple of hours on Sunday to help raise money for our school at the Bunnings BBQ. This fundraiser will help cover the cost of our end of year Rewards Day at the Big Banana and additional money will be held over for 2019's major excursion for Years 4-6. Closed shoes must be worn at the BBQ and long hair tied back. Please phone Katrina if there are any issues with the roster.

## Raffle Fundraiser

Yesterday, each family was sent home a raffle booklet of ten tickets to sell. The raffle will also be sold at the Bunnings BBQ on Sunday and will be drawn on Monday 10 December, 2018. All students who sell a book of raffle tickets will receive a small prize for helping to raise money for our school. For every booklet that your child sells, they will get a ticket to go into a separate raffle to win a prize to the value of \$50. The money raised will be combined with the Bunnings BBQ money, to pay for the Big Banana Fun Day and go towards next year's major excursion.



## Swimming Program

Thank you to those families who have returned their notes and money for our ten day swimming program. All notes and money need to be returned and finalised by next Monday the 26<sup>th</sup> November. Please remember if you have a pool pass we need the pool pass number at school, so that you do not need to pay the pool entry of \$25. We hope everyone has been talking to friends and nearby students to share the car pooling for the drop off in the mornings. Also don't forget that all students need to wear a rash shirt in the pool for their lessons and need to change into school uniform after the lesson. Please write your name on everything to avoid confusion and loss of items. Now is also the time to make sure your child is able to undress and dress themselves after their lesson, as they will be expected to do this independently.

## Premier's Sporting Challenge

This year our school participated in the Premier's Sporting Challenge in the last five weeks of Term 2 and the first five weeks of Term 3. The aim of the program is for students to increase their physical activity, by logging what they do each day and challenging themselves to be more active. Yesterday our students were presented with their certificates. Well done everyone on your great effort!



**Bunnings BBQ** – Please wear closed in shoes and have long hair tied back. Thank you very much. Please phone Katrina on 0403 177 961 if there are any issues with the roster.

7.30am – 9.30am	Karen	Craig	Georgie	Katrina
9.30am – 11.30am	Anjali	Janelle	Andrea	Teresa
11.30am – 1.30pm	Charmaine	Tamara	Linda	Phoenix
1.30pm – 4.00pm	Renee	Danielle	Bernadette	Katrina

## Oxfam Fundraiser

At Raleigh we pride ourselves on our ability to raise funds for charities and great causes in Australia and around the world. In the past at Raleigh we did a Secret Santa amongst the students in each class. After discussions with our students we realised that many of them loved the presents, however realised that they would get many presents for Christmas anyway. We decided that the \$3 we would spend on Secret Santa could be put towards raising funds to buy essential and life-saving gifts through OXFAM. Last year our students decided to purchase a chicken family, goat couple, piglet and a package deal of two ducks, a pig and a goat. This gift provides resources needed to transform the lives of people living in poverty. We again hope to raise funds for this great cause and our students will help to choose the presents we give to others in need. Please bring in your \$3 or more before Wednesday 5<sup>th</sup> December.

## School Dresses

We will no longer be purchasing school dresses. The preferred uniform for girls is skorts. We have 3 dresses left in stock (2 size 8 and 1 size 10) for \$40 each. If you would like to buy a dress, please see Mrs Jones in the office.

## Package Free Lunch Winner

Congratulations to *Charlize* who is this week's package free winner.



## Muesli Slice

### Ingredients

Melted butter, to grease  
1 cup self-raising flour  
1½ cups untoasted apricot, date and almond muesli  
½ cup brown sugar  
⅓ cup desiccated coconut  
½ cup sultanas  
⅓ cup finely chopped dried apricots  
125 g butter  
¼ cup honey  
1 egg  
2 Tbsp dates, finely chopped

### Method

Preheat oven to 180°C. Grease a 30 x 20cm lamington tin with melted butter and line with baking paper. Put flour, muesli, sugar, coconut, sultanas and apricots in a large bowl. Stir to combine.

Put butter and honey in a small saucepan over a medium heat. Stir until butter has melted and mixture is well combined. Cool. Add butter mixture to flour mixture with egg. Stir until well combined. Spread mixture evenly over the base of prepared tin. Press firmly. Sprinkle with chopped dates. Bake for 25 minutes or until golden and cooked through. Stand for 10 minutes. Transfer to a wire rack to cool. Cut into fingers and serve, or store in an airtight container for up to 1 week.



## Santa Arrival at Park Beach Plaza

Thursday 22 November. Students will dress in full school uniform and the school will supply Santa hats/ reindeer antlers to wear. We will be meeting prior to the parade at 5.40pm outside IGA (Park Beach Plaza).

My child/children \_\_\_\_\_ would love to be part of the Santa welcome.

I will be able to transport extras \_\_\_\_\_ from Bellingen / Urunga (please circle).

Name: \_\_\_\_\_



## Egg Buddha Bowls

### Ingredients

600g sweet potato, peeled cut into 2cm cubes  
 Olive oil cooking spray  
 1 small red onion, thinly sliced  
 ¼ cup white wine vinegar  
 1 cup rice (brown)  
 1 bunch broccolini, trimmed  
 4 eggs  
 1 large carrot, finely shredded  
 1 large red beetroot, peeled, grated  
 1 large avocado, sliced

### Dressing

1/3 cup vegetable oil  
 2 tbs rice wine vinegar  
 2 tsp sesame oil  
 2 tsp honey

### Method

Preheat oven to 200°C. Line a baking tray with baking paper. Spread pumpkin onto tray and spray with olive oil. Season with salt and pepper. Roast pumpkin for 20 minutes or until tender. Cool. Place onion and vinegar into a bowl and stand for 20 minutes. Drain well. Put 3 cups of water into a saucepan and bring to the boil. Add brown rice, cover and reduce heat to medium low. Simmer for 10-15 minutes or until rice is tender. Drain and rinse under cold water. Drain well. Bring a medium saucepan of water to the boil. Add broccolini and cook for 1 minute or until just tender. Remove with tongs. Return water to the boil. Add eggs and cook for 7 minutes. Drain. To make the dressing, whisk oil, vinegar, sesame oil, honey in a jug. Season with salt and pepper. Spoon rice into shallow bowls. Add pumpkin, red onion, broccolini, carrot, beetroot and avocado. Drizzle dressing over bowl. Peel eggs, cut in half and place on top of bowls. Serve.



*"Life is like a box of chocolates. You never know what you're going to get."* FORREST GUMP (Tom Hanks)

