

# RALEIGH PUBLIC SCHOOL



Nurturing Children in an Innovative and Creative Environment

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Term 4, Week 7

21<sup>st</sup> November, 2017

13 – 24 Nov Intensive Swimming, whole school  
24 Nov No START program  
27 Nov Fire Brigade Visit  
30 Nov KiK Christmas Dinner  
1 Dec START 10am – 2pm  
1 Dec Small Schools Transition Day – high school  
8 Dec START 10am – 2pm  
8 Dec Bellingen HS, Year 6 Transition  
11 Dec Big Banana Rewards Day  
12 Dec Surf Day, Sawtell Beach  
13 Dec Sunset Picnic, 5pm  
14 Dec KiK Christmas Cooking  
14 Dec Year 6 Farewell  
15 Dec End of Term 4 for students

## Planning Meeting

Last Wednesday we ran two parent and community workshops to gather ideas and suggestions for the direction that we should be taking our school over the next three years. I would like to thank everyone who was able to attend for their valuable input and great discussions. There were many ideas presented and suggestions discussed. The data is being collated and will be combined with the student and staff data. This will then be used to form the Strategic Directions we will use in the 2018- 2020 School Plan.

Many parents sent their apologies as they were unable to attend. We will be sending a short survey home so that all families will have the opportunity to have input into our future planning. We hope you will take the time to have your say.

## Swimming Program

Thank you to our families who have organised each day for their child/ren to be at the pool on time. The ten days of lessons are an excellent way to improve swimming skills. Swimming is an extremely important skill to have living in the beautiful area that we have with our creeks, rivers and beaches. Please consider following the school program up with private lessons to teach your children these life-saving skills.

Dear Parents and Community Members,

It was extremely exciting to be able to welcome one of our ex-students back to Raleigh Public School. Miss Emma Kyle first started at Raleigh Public in Kinder in 2000. On Friday we welcomed her back as a casual teacher and she joined us again yesterday and today. We are very proud of her achievements and glad to have her teaching the next generation of Raleigh students. Our students enjoyed hearing stories of Raleigh in the past and comparing the changes. We hope to see Miss Kyle join us again!



**Please label all clothing and items and apply sunscreen at home before arriving at the pool.**

*“Raleigh Public School is a welcoming and friendly school with strong and valued community links.”*

## KiK Christmas Lunch

Next Thursday, we will be cooking our annual KiK Christmas lunch. The 3-6 students have selected some delicious salads to accompany our ham and chicken. Then we will follow our meal with dessert made by K-2. This is a very special sit down meal and we are hoping that all students pay their \$4 (or \$8 for final two cooks) by next Wednesday morning, 29<sup>th</sup> November.



## Oxfam Fundraiser

At Raleigh we pride ourselves on our ability to raise funds for charities and great causes in Australia and around the world. In the past at Raleigh we did a Secret Santa amongst the students in each class. After discussions with our students we realised that many of them loved the presents, however realised that they would get many presents for Christmas anyway. We decided that the \$3 we would spend on Secret Santa could be put towards raising funds to buy essential and life-saving gifts through OXFAM. Last year our students decided to purchase a goat couple, seeds and water. We again hope to raise funds for this great cause and our students will help to choose the presents we give to others in need. Please bring in your \$3 or more before Tuesday 5<sup>th</sup> December.



## Sunset Picnic

This year, due to the busy time of the year and additional work it creates, we are not having a BBQ at our Sunset Picnic. If families wish to bring their own cold meat to have for their family they can choose to do this. Otherwise we will continue the format of Yrs 3-6 making delicious salads to share and K-2 making desserts. Each year we have some amazing, creative and delicious dishes, so start thinking about what you may bring on Wednesday 13<sup>th</sup> December at 5pm. Remember each child is expected to bring a dish that can be shared with everyone, please think about the quantity of food you will bring so that we have food to share for all of our students, families and guests.

## Year 6 Farewell

It is coming towards the end of the year when we wish our Year 6 all the best as they leave Raleigh and move onto High School. We will have a Year 6 Farewell to honour them and say good-bye. This year's Year 6 Farewell theme is the 80's. We are asking students to come dressed in their best 80's costume all day at school on Thursday 14<sup>th</sup> December. Students who would like to, are invited to stay after school for afternoon tea and a disco dance at Raleigh Hall. We are asking students to pay \$2 to help cover the cost of afternoon tea, decorations and the hall hire. We are looking for Year 5 and Year 6 parents who can help the Year 5 students decorate the hall on Thursday afternoon from 1pm. Please text Katrina or phone the school if you can help.

The Disco dance will finish at 5.00pm, when we invite families to join us for our Year 6 Graduation Presentation and the cutting of the cake. At the conclusion of the presentation, the staff will take the Year 6 students for a Chinese dinner at the Urunga Bowling Club. Students in Year 5 are invited to also attend. Further information about the disco and dinner will be sent home in the coming weeks.

## Package Free Lunch Winner

Congratulations *Joey* who is this week's package free winner.





Nutrition Snippet

# The simplest way

...to add fruit and veg to a barbecue.

There are plenty of ways to add fruit and veg to your backyard barbecue menu.

**Kebabs** – add capsicum, zucchini, eggplant and mushrooms to pork, chicken or lamb.



**Grilled fruit** – grill some pineapple pieces or nectarine halves. Enjoy on their own or add to a salad.

**Chips** – slice potato or sweet potato and grill on the hotplate.

**Salad** – grab some green leaves and toss in tomato, cucumber, carrot, beans, capsicum or whatever takes your fancy! For a fruity twist add one of these – sliced mango, strawberries, apples or grapes.

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



Nutrition Snippet

# The simplest way

...to make fruity ice creams.

**Watermelon**  
200g watermelon flesh  
200g low-fat vanilla yoghurt  
8 mint leaves



**Mango raspberry**  
Flesh from 1 mango  
1 banana, peeled  
200g low-fat mango yoghurt  
24 raspberries, fresh or frozen.

**Method**

Place all ingredients into a blender. Blend until smooth and pour into the cups or moulds. Freeze for 4-6 hours or overnight until solid. Stand at room temperature for a few minutes before removing from the cup or mould.

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## FREE workshop for parents

### Improving family communication

Based on the emotion-coaching principles of the Tuning In To Kids™ program. Parents are provided information and techniques for communicating through connection. [www.tuningintokids.org.au](http://www.tuningintokids.org.au)

How to Talk  
so Kids will  
Listen

How to Talk  
so Teens will  
Listen

9.30 am to 12pm

1pm to 3.30pm

December 5, 2017

BOAMBEE EAST Community Centre  
Bruce King Drive, Boambee East

**Who is eligible:** Anyone with primary care or support role in the care of a child.

**Cost:** FREE including light refreshments

**To register:** Contact CRANES on 66427257 or email [FaRS@cranes.org.au](mailto:FaRS@cranes.org.au)

**About CRANES:** Please visit our website [www.cranes.org.au](http://www.cranes.org.au)

Ph: (02) 6642 7257 Email: [FaRS@cranes.org.au](mailto:FaRS@cranes.org.au)

CRANES' Family Relationship Services is funded by the Dept. of Social Services