

RALEIGH PUBLIC SCHOOL



Nurturing Children in an Innovative and Creative Environment

Find us at 12 North Street, Raleigh 2454 T 6655 4228 F 6655 4548

Email raleigh-p.school@det.nsw.edu.au

Web www.raleigh-p.schools.nsw.edu.au

Term 1 Week 6

1st March, 2016

4 Mar	Sporting Schools, Soccer
7 Mar	Sporting Schools, Hockey
10 Mar	KiK, \$4 each meal
11 Mar	Funky Hair Day, gold coin donation
11 Mar	MNC Soccer Trials
11 Mar	Sporting Schools, Soccer
14 Mar	Sporting Schools, Hockey
21 Mar	Harmony Day
21 Mar	Sporting Schools, Hockey
21 Mar	P&C Meeting, 3.15pm
24 Mar	Kik, \$4 each meal
25 Mar	Good Friday
28 Mar	Easter Monday

Mid North Coast Swimming

Last week Charlize, Janae, Bonnie, Pursia and Kyle all participated in individual events at the MNC Swimming Carnival. They all swam well and although they didn't place in these events it was a great experience.

Our Raleigh relay team of Bonnie, Janae, Pursia and Kyle swam in the Earl MaGee Relay race. All of our swimmers swam strong laps and came home strong with a very convincing win. They will now travel to Kempsey to swim in the North Coast Carnival on the 9th March. Congratulations on your amazing effort and we wish you all the best at the next carnival!



Kids in the Kitchen

Last Thursday we had four of our senior students away at the swimming carnival and this allowed some of our younger students to step up and help with leadership roles during KiK. All of the students are developing great preparation skills and it was wonderful to see the level of involvement during the lessons. Well done Raleigh students on a delicious meal that was enjoyed by nearly 100% of the students. This week we have not included a recipe as we made salad wraps, with or without roast chicken. Some students also added hummus or mayonnaise, yum!!

Dear Parents and Community Members,

Being a small school the support we get from our parents is extremely valuable. This week we have had amazing support from a number of our parents and families. We value community connections.

A big thank you to:

Charmaine for giving of her time to help our students, Ms Driscoll and Ms Hudson put together the fantastic tree they have been creating for the Park Beach Plaza Recycled Sculpture competition. Charmaine spent hours in the heat planning, drilling and joining the various parts of the tree. Her help and efforts were greatly appreciated by the students and staff!

Kimberley for helping with Kids in the Kitchen last week. It was wonderful to have Kimberley help support the children with their preparation and the students who were rostered for washing up and clean up. We loved having you join us for the morning and lunch. We hope you enjoyed it as much as we enjoyed having you, thank you!

Skye for helping to transport half of our relay team to the Mid North Coast Swimming Carnival on Thursday. Without your help our team would have been unable to swim.

Finally we need to Thank Mrs Pat Fripp, for continuing to support the students in the classroom each Tuesday during Literacy and Numeracy groups and for helping support our students during Kids in the Kitchen and staying to help with Maths after KiK. We love having Mrs Fripp helping out in the classroom and appreciate her help immensely.

"Raleigh Public School has creative and performing arts programs that allow all students to develop their individual talents."



Congratulations Kyle!

Last Friday Kyle attended the District Soccer trials at Urunga and was successful in making the District team. This Friday Kyle will travel to Coffs Harbour to participate in the Mid North Coast Trials. We wish him the best of luck!

School Audit

Every three years public schools undergo an audit. On Monday and Tuesday, Raleigh Public School underwent our audit. The auditor looked at our Work, Health and Safety, Finance practices and compliance of procedures and training that are undertaken in Public Schools.

Moscow Circus

The Moscow Circus have generously donated a free pass to each of our students in the school. These are attached to the newsletter this week. Please read the terms and conditions carefully so that you can take advantage of this generous offer.

March Birthdays

We would like to wish **Charlie, Emma, Oliver** and **India** a very happy March Birthday.


Nutrition Snippet

The simplest way

...to serve dinner in a flash.

A stir fry is a quick and easy dinner, perfect on school nights for busy families.

And it includes a range of colourful, healthy vegetables.

Pick and choose your favourite combination of sliced fresh veg – capsicum, zucchini, sugar snap peas, green beans, bok choy, celery, mushroom, onion, carrot and cabbage work well. Go vegetarian, or add sliced lean chicken, pork or beef.

Mix 2 tsp reduced salt soy sauce, 1 tbsp honey, 3 tbsp water and 2 tsp cornflour in a jug for the sauce.

Prepare noodles according to packet directions.

Cook veg in a hot pan or wok, add sauce and stir to thicken. Remove from heat and serve over noodles.



For more information visit
www.eatittobeatit.com.au
 or join us at facebook.com/eatittobeatit



Library Bags

Don't forget to bring your library bags tomorrow for borrowing and go into the special Library draw!

Join the Bellingen Bulldogs Junior AFL Football Club in 2016!

Boys and girls aged 6-15 are invited to join the fun and learn new skills playing AFL footy.

Matches are held on Sunday mornings and weekly training happens on Tuesdays from 3:45pm at Bellingen High School.

Sign up at our REGISTRATION DAY at Burdett Park in Fernmount on Sunday 28 February from 10:00-11:30 and receive your 2016 footy kit.

Or register online at www.playafl.com.au. (Just enter your postcode or look up the Bellingen Bulldogs FC, then follow the prompts).

More club info can be found at www.bellingenbulldogs.wordpress.com or contact Club President Budge Bihary on 0411 720 593 or bellobudge@bigpond.com.

