

RALEIGH PUBLIC SCHOOL



Nurturing Children in an Innovative and Creative Environment

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Term 3 Week 6

18th August 2015

19 Aug	Milo Cricket, 2pm Yrs 3-6
19 Aug	3 rd Instalment, Major Excursion due, \$50
20 Aug	Tyke-Oh Japanese Drumming, \$5
26 Aug	Milo Cricket, 2pm Yrs 3-6
27 Aug	KiK, \$4
1 Sep	Scholastic Book Club
2 Sep	Milo Cricket, 2pm Yrs 3-6
8 Sep	Surf Safety Talk
8 Sep	Woolies Earn & Learn finishes
9 Sep	Milo T20 Blast Schools' Gala Day
10 Sep	KiK, \$4
11 Sep	Major Excursion, Final Payment \$24
1 Nov	Masters BBQ Fundraiser

Package Free Lunches

After completing a Waste Audit of our garbage bins at the end of last term the students and staff were extremely surprised at the large amount of non-recyclable packets, plastic food wrap and zip lock bags that our school produced in only two days. We have been talking about reducing waste, eating healthier and attempting to have package free lunches. We are encouraging students to eat more fruit and vegetables and low sugar, additive, salt and fat snacks.



Dear Parents and Community Members

School Director Public Schools Visit

Last Wednesday, Mrs Jenny Murray our School Director Public Schools visited Raleigh. Mrs Murray had a tour of our school and dropped into the classrooms to see the great work the students' were doing. She spent time with me discussing our school and our progress on the School Plan and on my individual Performance & Development Plan. Mrs Murray was impressed with our new school logo and told me it looks beautiful.

Year 7 Advisor

This afternoon, Deputy Principal, Mrs Dot Panaretos and Karen Hayward, 2016 Year 7 Advisor for Bellingen High School came and spoke to our Year 6 students. Karen introduced herself and spoke on the role that she plays at Bellingen High School and passed on important information for our students for next year.

Kinder Orientation

This Friday 21st August we will be holding a parent information session for new Kindergarten students starting in 2016. The session will run from 1.00- 2.30pm in the school grounds and in the K-2 classroom. So if you or anyone you know is interested please contact the office to RSVP your interest. Next term there will be five Transition sessions offered for the children to come and experience Kindergarten life at Raleigh.

This year we have had a number of families come on board with this and it was fantastic to see even more students going Package Free last week. Congratulations to all of the students who received Smilies for the special Package Free Lunch Draw. Each week we will be handing out Smilies to those students who have Package Free Lunches and then at Monday morning assemblies we will draw a winner, who will get to pick a prize.

How could you change over to package free?

- Washable Sandwich Boxes rather than glad wrap or zip lock bags
- Small containers for fruit, veggies or savoury biscuits rather than pre-packaged snacks

"Raleigh Public School is a welcoming and friendly school with strong and valued community links."

Mid North Coast (MNC) Athletics

On Friday, Djarrah and Jacob attended the MNC Athletics Carnival in Coffs Harbour. The boys had a fantastic day and we were very proud of their efforts made on the day. Congratulations again on making it to the MNC level.

Our Gardens Look Amazing!

Thank you to our wonderful General Assistant Amanda, the garden beds and new seating are looking amazing. The new edging has tidied up the school and is helping to keep the mulch in the gardens when the chooks insist on trying to scratch it out.

Thank you also to our gardening Club who do an amazing job each week keeping the weeding, mulching and veggie garden on track. It is a great way for our students to feel a sense of pride in our beautiful school!

Playgroup

Last Wednesday, the weather warmed up and it was great to see some new and regular faces back at Playgroup. If you know of anyone that has children not yet at school then the Raleigh Community Playgroup may be for them. It runs each Wednesday from 9.15-11.15am in the grounds of our school. Parents are asked to bring along morning tea for their children. It is a great way for children to learn to interact with others and for parents to have an opportunity to chat with other parents. Please give the school a call to find out more or simply come along and join us.

Drumming Workshop

Thank you to the families who have returned their notes and money for our drumming workshop on Thursday. We are all looking forward to Kiyomi returning and sharing her amazing skills with us.

Scholastic Book Club

Book Club brochures have been handed out today to interested students. Money and orders are due back at school by Tuesday 1st September. The reward points gained from your purchases allow the school to gain library and classroom books. Thank you.

75 Nights Reading

Congratulations to Emma who has read or been read to for 75 nights. Well done!



Are you a Dolphin or a Shark?

Next time your child is furrowing their brow and staring off into space, ask them if they are thinking dolphin or shark thoughts. That's the advice from psychologist and resilience specialist Andrew Fuller on helping your child to recognise the positive (dolphin) or negative (shark) approaches they may be taking on life issues.

"Teach your child to experience success by supporting them in something they like doing whether it's a sporting, academic or artistic endeavour."

Source: Andrew Fuller

<http://www.schoolatoz.nsw.edu.au/wellbeing/health/how-to-raise-resilient-kids>

Kids in the Kitchen Recounts

Today in KiK we made fried rice. I peeled the carrots. I mixed the eggs. Sienna

Today in KiK we made fried rice. I mixed the egg. I peeled the corn and the fried rice tasted yum. Skeet



Fried Rice

- 1 onion chopped
- 1 clove of garlic crushed
- 1 carrot chopped
- 1 cob of corn
- 1 bunch of broccoli cut into small florets
- 1 cup of frozen peas.
- 3 eggs
- 2 cups of cooked rice

Mix the eggs in a bowl. Heat oil in frypan. Cook the egg and remove from pan to cool. Cook the onion and garlic until onion is clear. Add the chopped carrot and cook for 2-3 minutes. Stir in the broccoli and corn. Add the peas and rice and season with soy sauce. Mix in the chopped up egg and serve warm. Add more sauce to suit your taste!



65-Storey Treehouse

The Book Warehouse in Coffs Harbour Mall now has the long awaited for '65-Storey Treehouse' in store! You can collect a colouring-in competition entry with each purchase of the new book. There will be a Book Warehouse voucher to win! The Book Warehouse has plenty of stock of the paperback and a small quantity of the special edition hardcover available.



Sporting Schools

Students on Mondays have been participating in Volleyball coaching with Adrian. All age groups have been enjoying learning new skills and look forward to their first game. Sporting Schools is a government initiative that promotes sporting activities for students.

FUND RAISER FOR KAIROS PRISON MINISTRY

OLD-FASHIONED BARN DANCE & HOEDOWN

\$20 AT DOOR
- Beginners Welcome -

BELLINGEN MEMORIAL HALL

SAT 5TH SEPT 6PM

THE MID NORTH
Music by
Calling by: **THE GREY FERGUSON**

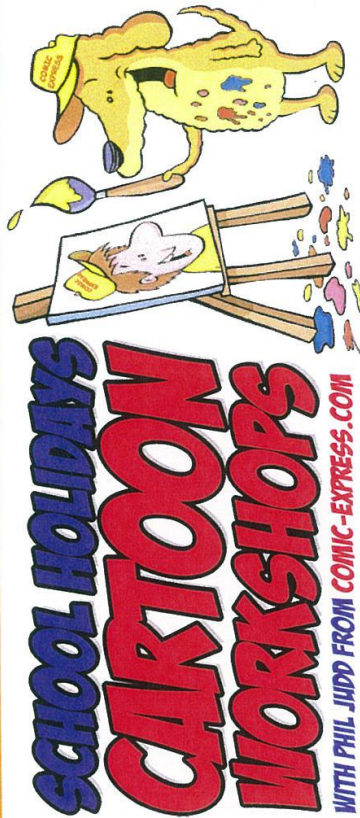
DANCES TAUGHT

SQUARE DANCES
COUPLES DANCES
CIRCLE DANCES

NO PARTNER NEEDED

suitable refreshments will be available to fend off fatigue

BOOK A TABLE
0417 329 007



SCHOOL HOLIDAYS CARTOON WORKSHOPS

WITH PHIL JUDD FROM COMIC-EXPRESS.COM

SATURDAY SEPT. 26TH

WITH 3 TO CHOOSE FROM...



**10-00AM-11:30AM
CUTE MANGA MONSTERS
(POKEMON STYLE)
AGES 6-13***

Do you love Pokémon, Manga and Anime characters? And you like anything cute? This workshop combines all these for the participants to create their own Cute Manga Monsters. You learn step by step how to put together your own Cute Manga style monster from scratch!



**12-00PM-1:30PM
DRAW FUNNY CARTOON
SUPERHEROES
AGES 6-13***

In this workshop we look at creating funny original super hero characters. The children create a humorous character with the instructor using basic drawing principles. We then look at creating a character profile including name, super powers and all the ideas to create a story.



**2-30PM-4:00PM
CREATING FACES
(MANGA STYLE)
AGES 10-16***

In this Cartoon workshop we look at the basics of drawing Manga style cartoon heads. We investigate a couple of different Manga styles and how to move the character's head around, in perspective, including different emotions.



ONLY \$20 P.P.
ALL EQUIPMENT SUPPLIED!
BOOKINGS ESSENTIAL BY SEPT 23
PHONE 6651 7343



MORE THAN JUST GOOD FUN!

*All children must be accompanied by legal Parent or Guardian

JOHN CHAMPION WAY (OFF CITY HILL DR), COFFS HARBOUR (OPEN 7 DAYS 10AM-4PM)