



Nurturing Children in an Innovative and Creative Environment

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Term 2 Week 3

5th May 2015

6 May	A Swag of Tales, \$4
6 May	Mothers' Day Stall, gifts \$2
6 May	Book Club orders and money due
7 May	GRIP Conference, Coffs Harbour
8 May	District Cross Country at Bowraville
9-10 May	Bellingen Show, School Display
12-14 May	NAPLAN, Years 3 & 5
13 May	Stewart House Donation Drive due
15 May	Jamie Oliver's Food Revolution
22 May	MNC Cross Country
25 May	Coffs Harbour Eisteddfod
28 May	KIK K-2D
29 May	PJ Day for Asthma

District Cross Country

On Friday 3-6M will be travelling to Bowraville Recreation Grounds to participate in the District Cross Country Carnival. This is a great day and a wonderful opportunity for our students to participate in a fun and enjoyable event and interact with students from other schools. Thank you to parents who are able to transport extra students.

P&C AGM

Thank you to the parents who attended our P&C AGM and meeting on Monday afternoon. Congratulations to the following people on the re-elections or newly elected positions.

President	Karen McMahon
Vice President	Rom Murphy & Joanne Hodgson
Treasurer	Rebecca Beaton
Secretary	Charmaine Grace

Kids in the Kitchen

3-6M cooked a delicious meal of baked potatoes and savoury mince and this was followed by gramma pie for dessert. The gramma was grown in our playground and was a yummy surprise to many of our students who had never tried it before. Our savoury mince was full of vegies and enjoyed by the majority of our students. If you would like to cook these meals with your children see the recipes at the end of the newsletter.



Dear Parents and Community Members

Mother's Day Stall

Please remember if your child would like to purchase a small present for Mum (or other important female in their lives) they need to send in \$2 tomorrow. The stall will be held tomorrow morning. If there are presents left over, students may purchase additional presents for mum, nan or grandma.

A Swag of Tales

Thank you to all of the families who returned their notes and money by yesterday, for A Swag of Tales at Urunga Public School. I will be accompanying students to this wonderful event. Thank you to the parents who were able to provide transport.

Please Note: The time for pick-up of students from Raleigh Public School for the performance at Urunga tomorrow is **1.45pm**. Pick-up students from Urunga Public School at 3.20pm.

Grip Leadership Conference

On Thursday, our four Student Leaders will be attending a Student Leadership Conference in Coffs Harbour with other students from across the Coffs Coast. This is a wonderful opportunity and it will be great to read about their experiences in next week's newsletter.

"Raleigh Public School has talented and dedicated teachers who work with students to realise their potential."

Stewart House Donation Drive 2015

Win a \$4,000 holiday to a destination of your choice. Envelopes are attached to this newsletter for the Stewart House Donation Drive 2015. Your donation supports the 1,800 children who attend Stewart House each year from public schools across NSW and the ACT.

Please place a \$2 coin or equivalent into the envelope, complete entry details on the back and return to your school to be eligible for the draw. Envelopes must be returned to school by Wednesday 13th May.

Science Professional Learning

On Friday Mrs Young and myself, attended a day at William Bayldon Public School. We completed professional learning around the new Science and Technology syllabus and units of work for the classroom.

The students in K-2M have completed a science unit called 'Living Things'. They have observed and measured mealworms and tadpoles and grown pumpkin seeds. 3-6M are finishing up a unit called 'Heating it Up!' They have explored what heat is, how it can be produced, the way heat can change substances and how it can be transferred. This has been applied to how we use heat in the kitchen. These units have incorporated the new syllabus outcomes and have involved many hands-on experiences to explore the science concepts.



Bellingen Show This Weekend

We will be having a stand at the Bellingen Show again this year. It will be one of the checkpoints for children purchasing passports at the gate. Our choir will also be performing. If your child is performing in the choir they will need to wear full school uniform and have their name crossed off at the gate to gain free entry. Only students in school uniform and performing are eligible. Thank you to Joanne Hodgson, Rom Murphy, Charmaine Grace and Karen McMahon for setting up the display.

May Birthdays

We would like to wish **Tyson, Miles, Toby** and **Ruby** a very happy May birthday.



The dreaded lunchbox challenge!!

Struggle with lunchboxes? Need inspiration? Northern NSW Local Health District is putting together a series of lunchbox suggestions to take the worry out of what to pack each day. The fortnightly email 'Let's Look at Lunches' will provide lunchbox tips, recipes and ideas. A well balanced nutritious lunch is important to keep active kids on track all day but it shouldn't be a challenge.

If you would like to subscribe simply send us your first name, email address and postcode by:

- Email lookatlunches@gmail.com or
- Text to 0429 033 517
- Scan the QR code



Jamie Olivers' Food Revolution

This will involve the whole school in a 'Kids in the Kitchen' style lunch. Cost is \$4 per student and needs to be paid by Tuesday 12th May.

Scholastic Book Club

Brochures have been handed out to interested students. Orders and money need to be returned by Wednesday 6th May. Thank you to parents who order through Scholastic Book Club. Your orders provide the school with Reward Dollars which we are able to spend on books and resources for the classroom.

Student Banking Wednesdays

Congratulations to **Tyson** who has earned his Bronze Certificate for making 10 deposits this year and claimed his E.T. DVD reward. *Well done!*

25 Nights Reading

Well done Emma for reading for 25 nights.

50 Nights Reading

Well done Tyson for reading for 50 nights.

Savoury Mince Ragout

1 tbsp oil
 2 onions chopped
 2 garlic cloves crushed
 1 kg beef mince
 2 carrots grated, 1 large zucchini grated
 Small packet frozen peas/corn
 1 celery stalk trimmed, diced
 2 x 450g cans diced tomatoes
 ½ cup water or stock
 ¼ cup tomato paste

Method

Heat the oil in a large non-stick frying pan on medium. Add the onion and garlic and sauté for 2-3 minutes or until onion is tender. Add mince to onion and cook, stirring occasionally and breaking up the mince with a spoon as it cooks, for 5-10 minutes or until mince is well browned. Add carrot, zucchini, peas, corn and celery, then cook, stirring, for 5 minutes. Stir in the tomatoes, water and tomato paste, then season to taste. Bring to the boil. Reduce heat and simmer for 10 minutes or until vegetables are cooked through. Serve half the ragout with rice or pasta, or on toast, then freeze the rest to use later.



Grammar Pie

Pie Filling

1 cup brown sugar
 1 ½ cups of boiled grammar
 1 teaspoon cinnamon
 1 lemon
 2 quantities of shortcrust pastry
 1 egg white
 Sprinkle of white sugar
 Sprinkle of cinnamon

Method

Filling: Mix all ingredients together while grammar is still hot. Allow to cool. Line a pieplate with shortcrust pastry. Fill with cooled grammar mix. Cover with more pastry and seal the edges by pressing pastry layers together.

Glaze the top of the pie with the egg white and sprinkle with more sugar and cinnamon. Bake in a moderate oven until pastry is brown and pie cooked.

Items for Sale

Water Sport Footballs – now \$5
 Jumbo High Bounce Balls \$5, Handballs \$2
 Football \$10. *While stocks last!*

We would like to thank Amart All Sports for their generous Rewards Program which has made our Fun Run a great success.