

Nurturing Children in an Innovative and Creative Environment

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Term 1 Week 2

3rd February 2015

5 Feb	Small School Swimming Carnival, Yrs 3-6
11 Feb	Raleigh Community Playgroup, 9.30 -11.30
16 Feb	District Swimming Carnival
17 Feb	Book Club orders and money due
23 Feb	P&C Meeting, 3.15pm



Dear Parents and Community Members

It was wonderful last Wednesday morning to see happy smiling faces greet the staff as they were dropped at school or got off buses. We loved hearing about their holidays and were impressed with their positive attitude to a new school year. Our students looked wonderful in their uniforms and I would like to thank families for trying to tone down the colours of the shoes they are buying for school. We are looking forward to an exciting and busy year, with lots of wonderful activities and fantastic learning opportunities. Please remember if you have any questions or concerns don't hesitate to contact us so that we can help.

Welcome to our New Students

We would like to welcome back all of our returning and new families to Raleigh Public School. Our staff at Raleigh are looking forward to supporting and helping your children develop their skills within and outside the classroom in 2015. We would like to welcome our new Kindergarten students, Emma, Tyson and Orion and their families. Welcome also to Lucas, Charlize, Kyle, Charlie and Skeet who have also joined us this year. We are very excited to have these new students and their families join our Raleigh Public School family. They have all settled in well and it has been wonderful to see new friendships forming. We hope they enjoy their time with us.



Small Schools Swimming Carnival

This Thursday all of the students in 3-6M will be going to Bellingen Pool to participate in the Small School's Swimming Carnival. This is a great day where students from the six small schools in our area come together for a fun and friendly day. Students need to be at the pool at 9.15am for a 9.30am start. Please make sure children have a rash shirt and hat for the day plus \$2 pool entry. At this stage the carnival will go ahead even in the rain.

Things Needed for School

Classroom Items – Students in both classes need to have an A4 plastic envelope or A4 display folder (3-6M only) to carry homework and/or home readers in. All students also need a library bag each Wednesday so that they can borrow from the library. Students in K-2D do not need any classroom supplies for the classroom, but 3-6M need to have a small pencil case with lead pencils, eraser and coloured pencils. Textas are not a necessity but can be left in tote trays for activities.

Lunch Boxes– We are asking families to reduce the amount of packaged food in lunch boxes. This will help reduce the waste we are producing but we are also looking at increasing healthy eating. Please try to limit 'treats' to one per day. Lollies, chocolates and chips are not appropriate for school.

Hair– As you all are aware it is very difficult to treat and get rid of head lice once they are established. PTO

"Raleigh Public School develops leadership, builds individual character and promotes social responsibility and respect for others within a caring and safe environment."

Things needed for school – Hair continued

They are not fussy critters and families should not be embarrassed if their child does get them. If you do discover your child has head lice, please treat them and let the school know so that we can notify other families and reduce their spread. We are asking that all students with longer hair wear it pulled back and neat and tidy. This helps make our students look great but it can also reduce the spread of head lice.

Sport- During first Semester we will not have Active After School Sports as the program has ended and a new program will be taking its place in Term 3. This Term we will be running class sport on Fridays so please make sure your child wears comfortable joggers that they can run in each Friday. During the week we will also be doing PE activities.

Student Leaders

This year we have decided, due to the small number of students in Year 6, to have Student Leaders, rather than a captain.

Year 6 students are asked to write a two minute speech about why they would like to be a Student Leader. The speeches will be presented to the school on Monday 9th February at 9.15am. Parents and family are welcome to come and join us.

Playgroup

Starting next Wednesday 11th February the new Raleigh Community Playgroup will be running in the Raleigh School Grounds. If you have younger children or know of someone who may be interested, please pass on the attached flyer. The playgroup will run for two hours from 9.15am to 11.15am. The first ten families to sign up will have their membership fees reduced from \$39 to only \$19. Phone Irene to find out more on 6655 4228.

Student Banking commences tomorrow

In a School Banking first, we are introducing a new Grand Prize competition in 2015. Students who make 25 or more School Banking deposits during 2015 will automatically enter the draw to win a trip to California's Disneyland where they can enjoy Space Mountain and everything the park has to offer. The prize includes return airfares, five nights' accommodation, transfers and 3 days park entry for up to two adults and two kids, as well as AUD\$2000 spending money. For further competition details, visit commbank.com.au/schoolbanking


Nutrition Snippet

The simplest way

...to make a healthy breakfast.

We recommend eating two serves of fruit and five serves of vegetable every day.

Why? Because fruit and veg are packed full of nutrients and vitamins that give you energy, keep you healthy and help prevent diseases like cancer.

Try to get your family eating fruit and veg with breakfast – it will help all of you have more energy throughout the day.

You might like:

- wholegrain toast with avocado and tomato
- sliced banana on Weetbix
- frozen berries blended with reduced-fat milk and yoghurt for a smoothie
- eggs served with cooked vegies – tomato, mushrooms and spinach.

Remember: try to eat fruit + veg at every meal!



For more information visit
www.eatittobeatit.com.au
 or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



January Birthday

We hope you enjoyed your birthday Djarrah.

Community to Community

Edith Parsons School of Physical Culture

Urunga Physie Club has been providing fun and affordable exercise classes for the girls and ladies of the Bellinger Valley for many years. Physical Culture is a choreographed syllabus of exercises, dance and fitness routines. Physie helps to develop co-ordination, fitness, flexibility, balance and benefits academic skills of concentration, sequencing, fine and gross motor skills, listening skills, memory and teamwork all in a fun and friendly environment. Classes are held each Monday for girls from 5 yrs right through to Ladies. Pre schoolers 3.30pm; 5 – 8 yrs 4.00pm; 9 – 12 yrs 4.45 pm; 13-16yrs 5.45 pm; Seniors 17+ 6.45pm; Ladies 7.30pm, commencing Monday 16th February, at the Senior Citizens Hall, behind the Seafood Takeaway in Urunga. If you would like to be part of this active friendly club for the beneficial enjoyment of exercise or the challenge of a competition turn up at the class times or please contact Sue Raymond 66500717 for further information and visit www.epphysi.com.au or like our Facebook page Urunga Physical Culture.

Scholastic Book Club – Brochures have been handed to interested students for Scholastic Book Club. Orders and money are due by Tuesday 17 February. Cheques may be made payable to Raleigh Public School.